



www.VenetianAquaticClub.org
**Swimming Lessons
for Children and Adults**



**American
Red Cross**

Volunteers Teaching Swimming Lessons at Coral Gables' Venetian Pool since 1959

FAQ (Frequently Asked Questions)

What are the qualifications of the swimming teachers?

Teachers and assistants are American Red Cross certified Water Safety Instructors or Aides who are all volunteers. Our organization, the Venetian Aquatic Club, has provided swimming and water safety lessons at Venetian Pool since 1959. All volunteers undergo a background check and screening through the City of Coral Gables, as required by the State of Florida

For what age are the swimming lessons?

We teach ages 5 through adult

Do we offer individual lessons?

Children have group lessons. Children are often encouraged when they see each other learning new skills. Adult evening lessons are broken into smaller groups, based on ability, of about 2 to 5 people.

How do I know if my child is in the right class?

Students are tested to make sure they are in the right class by the first Wednesday of each session.

If my child is late for class, can he or she take the next one?

Your child must go to the class he or she is registered for. If another class is preferred, your child may be moved based on availability by the first Wednesday of the session by seeing the pool cashier/registrar.

What are the various swimming levels?

Level 1 & 2 in shallow pool

Level 3, 4, 5 & 6 in deep pool

How will I know my child's progress?

The teacher gives each student a progress report or achievement card at the end of the session, often referred to as a report card.

How many sessions will it take my child to learn to swim?

Children learn at different rates. The key to perfecting swimming skills is through practice. The more sessions your child takes, the more he/she will improve.

Why can't I come in to the class?

Children learn best without the distraction of parents present.

Why can't I speak to the teacher?

If you have a concern for the teacher, you may address the Supervisor. After your child's session, you may request to speak to the Supervisor.

Why has my child gone back a level?

Over the winter season, or even in between sessions, a child may get "rusty" and need to practice a certain stroke or skill to perfect it once again.

Why can't my child wear goggles in the shallow pool?

Only prescription goggles are allowed in the shallow pool. Children need to learn how to put their entire face in the water before progressing to the deep pool.

RULES FOR SAFETY

- Students should have their hair tied back, or wear a bathing cap, so it is out of their face when swimming. This helps them to learn how to "breathe and blow" properly.
- Students may bring a towel inside.
- No clothing, please come dressed in your swimsuit.
- No shoes are permitted.
- No jewelry is permitted.
- No parents may enter - all children will be escorted to their class.
- Sunscreen should be applied BEFORE leaving home.
- We DO hold classes in the rain. If there is lightning or heavy rain that limits visibility, children are moved to a covered area where land drills and safety lectures are conducted until class is scheduled to end.

